

Friday 14 to Thursday 27 August 2026

Your Pull-Out Guide
to What's Happening
in Hastings

The HIP List

sponsored by



Old Town Carnival Gurning
Competition entrant



**CURIOUS TO TRY
SOMETHING NEW?**
NEW ADULT COURSES ONLINE NOW!



The HIP List

sponsored by

KILEY'S KARPETS

CARPETS • RUGS • VINYL • WOOD LAMINATES

MUSIC

Friday 14 August
Voguesss
5.00pm - De La Warr Pavilion, Marina, Bexhill House, hi-nrg and acid-house party for the LGBTQIA community and everyone else who is sound!
Leela + Ted Versicolor
6.30pm - Kino-Teatr, 43-49 Norman Rd
Free music event.
InJane (solo) and halfneck
7.30pm - The Pig Hastings, 37 White Rock
Belgian grunge and Hastings noise pop
Moron Butler, Mystic Shed + Leather Daddiez
7.30pm - French's, Robertson St
Post punk, avant-rock & heavy blues

Saturday 15 August
Jenny Don't & the Spurs/ King Zepha/ Frank From Blue Velvet/ Column258
5.00pm - The Jenny Lind Inn, 69 High St
Bumper gig of bands from Hastings label POTL
Property of The Lost
Summer Evening with acoustic duo Dandelion Charm
6.00pm - Rye Harbour Discovery Centre, Harbour Rd, Rye Harbour
eventbrite.co.uk (420237500)
Simon&thePope
6.30pm - Kino-Teatr, 43-49 Norman Rd
Free live music event.

Sunday 16 August
Talent Accelerator Summer Sessions
2.00pm - De La Warr Pavilion, Marina, Bexhill
Busking on our outside stage - talent TBA!

Wednesday 19 August
Massy Ferguson
7.30pm -
Seattle country roots-rock

Thursday 20 August
Wild Combination
8.00pm - The Piper, 1 Norman Rd
Post-punk, sleazy synths, pop edits and mutant disco in bottom bar - 8 till late

Friday 21 August
James Lloyd Smith with Broga Doe & Skybar Tiger
6.00pm - The Jenny Lind Inn, 69 High St
Indie folk and delta blues
Millie's Nightclub
7.00pm - White Rock Theatre, White Rock
£4. A nightclub for adults (18+) with disabilities.

Lemur Beats
8.00pm - The Piper, 1 Norman Rd
Afrodisco, house, tropical

Saturday 22 August
Talent Accelerator Summer Sessions
2.00pm - De La Warr Pavilion, Marina, Bexhill
Free event. Chilled summer afternoon sounds.
Sundowner and Bounce DJs
5.00pm - Hastings Castle, Castle Hill Rd
hastingscastle.org.uk/ event/sundowner-bounce
Calling Planet Earth
7.30pm - White Rock Theatre, White Rock
Celebration of 80s music. Tickets £34.80
Too Much
8.00pm - The Piper, 1 Norman Rd
Baile funk. R&B. Afrobeats. Dirty dancehall.
Dandelion Swing Band
8.00pm - The Jenny Lind Inn, 69 High St
French Western Swing quartet

Sunday 23 August
Hastings Fat Tuesday: Skinny Sunday All-Dayer
3.00pm - White Rock Theatre, White Rock
Day festival curated and managed by Hastings Fat Tuesday Club welcoming the best bands from the region, as chosen by the club. Free U18s, £5 for 18+ (booking required).
R.A.G.Z
4.00pm - The Jenny Lind Inn, 69 High St

Wednesday 26 August
Snake Eyes
5.00pm - Tough Love St Leonards, 8 London Rd
Gritty grunge-pop duo
It Came From Outer Space
7.00pm - The Jenny Lind Inn, 69 High St
Cinematic Jazz-pop

WEEKLY MUSIC

Sundays
Circuit Sundays
6.30pm - The Seadog, 32 Station Rd
Sunday evening sessions featuring rotating local musicians and bands.
BYO Vinyl Night
7.00pm - The Jenny Lind Inn, 69 High St
Open Mic
7.00pm - French's, Robertson St

Mondays
The Jam on the Hill
8.00pm - The Plough Inn, 49 Priory Rd
Bring your instrument

and voice and join in!
Twitten Revellers Open Session
8.30pm - The Bull Inn Battle, 27 High St
Monthly open folk session, every 3rd Monday.

Tuesdays
Sounds at the Hound Open Mic
7.00pm - Cactus Hound Bar, 33-35 Western Rd
Weekly Open Mic Night, hosted by Steve Didge
Open Mic
7.00pm - Barnaby's Lounge, 46 Robertson St
Every second Tuesday, hosted by NZ songwriter Konnaruchi
Iron Men of The Sea - Last Tuesday Sessions
7.30pm - The Jenny Lind Inn, 69 High St
Hypnotic folk psychedelia
Folk Night
8.00pm - Stag Inn
Singing and music, all welcome
Albion Skiffle Sessions
8.30pm - Albion Hastings, 33 George St
Every 2nd and 4th Tuesday of the month

Wednesdays
Open Mic
7.00pm - The Piper, 1 Norman Rd
Weekly. Hosted by Steve Didge
The Circuit x The Stag
7.30pm - Stag Inn, 14 All Saints' St
Weekly live acoustic music curated by The Circuit, featuring local acoustic artists. Free entry.
Folk Session at the Dolphin
8.00pm - The Dolphin Inn, 11-12 Rock-A-Nore Rd
Every Third Wednesday of the month.
The Other Band
8.00pm - The Dolphin Inn, 11-12 Rock-A-Nore Rd
4th Wednesday each month. Classic Blues, R&B and Americana

Thursdays
The Jazz Organisation
8.00pm - NUR Restaurant & Lounge, 13 Robertson St
Shanty Night
8.30pm - The Jenny Lind Inn, 69 High St
Weekly Sea Shanty Night,

Fridays
McNiff's Folk Sundowner
5.00pm - The Jenny Lind Inn, 69 High St
Weekly acoustic strand with a different guest featured every Friday

Saturdays
The Coffee House Sessions
5.30pm - Hanushka Coffee, Robertson St

Free entry. Jason McNiff and friends present

PERFORMANCE

Friday 14 August
Shrek the Musical
2.00pm & again at 7.00pm - White Rock Theatre, White Rock
Mischief!
7.30pm - The Stables Theatre, The Bourne

Saturday 15 August
Shrek the Musical
2.00pm & again at 7.00pm - White Rock Theatre, White Rock
Mischief!
2.30pm & again at 7.30pm - The Stables Theatre, The Bourne
Forbidden Fruit Cabaret: Miss Darcey Nox
9.30pm - The Forbidden Fruit, 22 Grand Parade

Sunday 16 August
Coffee Concert: Dominika Fehér (solo violin)
11.00am - Kino-Teatr, 43-49 Norman Rd

Thursday 20 August
The Dukes Theatre Company: Romeo and Juliet
7.00pm - Fairlight Hall, Martineau Ln, Fairlight
ticketsource.com/thedukes theatrecompany/romeo-juliet-fairlight-hall
13
7.30pm - The Stables Theatre, The Bourne

Friday 21 August
The Dukes Theatre Company: Romeo and Juliet
7.00pm - Fairlight Hall, Martineau Ln, Fairlight
ticketsource.com/thedukes theatrecompany/romeo-juliet-fairlight-hall
13
7.30pm - The Stables Theatre, The Bourne

Saturday 22 August
13
2.30pm & again at 7.30pm - The Stables Theatre, The Bourne
Hastings Philharmonic: Mozart - The Magic Flute
7.00pm - St John's Church - The Evangelist, Brittany Rd
Forbidden Fruit Cabaret: Marsha Mallow
9.30pm - The Forbidden Fruit, 22 Grand Parade

Monday 24 August
Fell
7.30pm - The Stables Theatre, The Bourne

Tuesday 25 August
Fell
7.30pm - The Stables Theatre, The Bourne

Wednesday 26 August
Fell
7.30pm - The Stables Theatre, The Bourne

Thursday 27 August
Fell
7.30pm - The Stables Theatre, The Bourne

WEEKLY PERFORMANCE

Tuesdays
Open Mic Night
7.00pm - HOT TAP Theatre, St Andrews Mews

Wednesdays
A&O In the Round
7.30pm - 74 Norman Rd

Fridays
Late Night Karaoke
11.00pm - Barnaby's Lounge, 46 Robertson St

CINEMA

Friday 14 August
Summer of Soul (or, When the Revolution Could Not be Televised)
7.30pm - Electric Palace, 39A High St

Saturday 15 August
Jaws 4K
5.00pm - Electric Palace, 39A High St
Surprise Spielberg Screening
8.00pm - Electric Palace, 39A High St
Sunset Screening: E.T. - The Extra-Terrestrial
8.00pm - De La Warr Pavilion, Marina, Bexhill Inc free creative workshop activities at 6pm before film starts at dusk (around 8pm).

Sunday 16 August
A Little Wisdom
11.00am - Electric Palace, 39A High St
The Birdcage 30th Anniversary
3.00pm - Electric Palace, 39A High St
The Invisible College
6.30pm - Electric Palace, 39A High St

Thursday 20 August
Prime Minister
11.00am - Electric Palace, 39A High St
Mermaid Beach
3.00pm - Electric Palace, 39A High St
D is for Distance
7.30pm - Electric

Palace, 39A High St

Friday 21 August
Searching for Sugarman
7.30pm - Electric Palace, 39A High St

Saturday 22 August
Dirty Dancing
7.30pm - Electric Palace, 39A High St

Sunday 23 August
Excalibur + Intro
3.00pm - Electric Palace, 39A High St
Sunset Screening: A Minecraft Movie
8.00pm - De La Warr Pavilion, Marina, Bexhill Inc free creative workshop activities at 6pm before film starts at dusk (around 8pm).

Thursday 27 August
National Emergency Briefing
11.00am - Electric Palace, 39A High St
Prime Minister
7.30pm - Electric Palace, 39A High St

WEEKLY CINEMA

Wednesdays
Battle Community Cinema Movie Screening
7.30pm - Battle Memorial Hall, Oag, 81 High St

ART

Luke Bebb
Until 15 August
Project Art Works, Claremont
Cat Brockhurst
Ongoing (All profits to The Grumpy Cook for kids' free lunches)
Cake Room, Robertson St
Ruth Bullock @ Thonett Gallery
Ongoing
Thonett Gallery, St Andrew's
Day Tripper - Group Exhibition
Ongoing
Heist, Norman Rd
FLUX: Mapping Space, Power, and Urban Transformation
Until 29 August
Project 78 Gallery, Norman Rd
Adrienne Hunter - There She Goes My Beautiful World
Until 5 September
Taproom Gallery, Beeching Rd, Bexhill
Indigo Reverie - Group Exhibition, Cyanotype Prints by Local Artists
Until 30 September
Collected Fictions,

Crossword Solution No 308:

Across: Across: 1. Char-ge 3. Taster (anagram) 4. (Re)Ef fig y(ou)

Down: 1. Centre (anagram) 2. Energ-y (anagram)



London Rd
Patrick Adam Jones - Everything is Always the Same and Everything is Always Different
Until 29 August
Solaris Gallery, Norman Rd
Lemons, Laws and Secret Doors: A Hastings Queer History Collective Exhibition
Until 30 August
Hastings Museum and Art Gallery, Bohemia Rd
Moore/Freud
Until 13 September
Hastings Contemporary, The Stade
Tawfik Naas - Manifestations for an Eternal Spring
Until 16 August
Flatland Projects, Unit 20 Beeching Rd, Bexhill
Outside the Lines Group Show (Home Educated Artists)
Until 4 October
Hastings Museum and Art Gallery, Bohemia Rd
Richard Phoenix - Many Disguises
Until 13 September
Hastings Contemporary, The Stade
Alexandra Richardson - Love in Fleurescence
Until 30 August
St. Leonards Pub, London Rd
Merv's Eye View/ Jo's Point of View
Until 2 September
The Crown, All Saints St
Outside the Lines
Until 4 October
Hastings Museum and Art Gallery, Bohemia Rd
Miguel Rothschild - Undercurrents
Until 13 September
Hastings Contemporary, The Stade
Smalls! HAF Members' Small Artworks
19 August until 13 September
Hastings Arts Forum, Marine Court
Smiley Fish and Cheerful Things Too
Until 16 August
Hastings Arts Forum, Marine Court
Annie Soudain
Until 2 September
The Crown, All Saints St
Summer Exhibition - Group Show
Until 26 September
Stables Theatre Gallery, The Bourne
Summer Exhibition '26
Until 30 August
Bus Stop Studios, London Rd
Janaina Tschäpe - Conversations with the Sea
Until 13 September
Hastings Contemporary, The Stade
Unhung Heroes

Group Show
Until 29 August
Barnaby's Lounge, Robertson St
Annie Whiles - Doorway Guardians
Until 16 August
Flatland Projects, Unit 20 Beeching Rd, Bexhill
Val Wilmer - Blue Moments, Black Sounds
Until 12 September
Lucy Bell Gallery, Norman Rd
To Improvise A Mountain: Lynette Yiadom-Boakye Curates
Until 13 September
De La Warr Pavilion



SPORT

Saturday 15 August Cricket: Hastings & St Leonards Priory v Bognor Regis - Sussex Premier League
11.30am - Horntye Park



ACTIVE SPORT

Sundays Free Tennis session in the park
10.00am - Alexandra Park Tennis Courts
To book: clubspark.lta.org.uk/breakpointtennis
AlexandraPark/FreeParks

Mondays Hastings Blister Sisters Slow Jogging Group
7.00am - Alexandra Park, St Helen's Rd
Details: blistersisters.co.uk
Badminton
9.30am - Summerfields Leisure Centre, Bohemia Rd
Adult class £5.60, hosted by Cathy Bargh
Booking freedom-leisure.co.uk
Walking Football
1.30pm - Summerfields Leisure Centre, Bohemia Rd
Voluntary donation £3
To book: eequ.org/experience/9252
Disability Cricket with Sussex Cricket
5.00pm - Horntye Park Sports Complex, Bohemia Rd
sussexcricket.co.uk/super-1s-hub
Active Hastings Walking Football
6.00pm - TN34 2LD, Lower Park Rd
Alexandra Park Multi-Use Games Area £2
Adults 50+ Booking eequ.org/experience/6144
Eclipse Netball Club
7.00pm - The Hastings

Academy, Rye Rd
First session free then £5.
To book: 07754 105836
eclipsenetballhastings@gmail.com. Age 14+.
Badminton
8.00pm - Summerfields Leisure Centre, Bohemia Rd
£5.60 Adults Booking freedom-leisure.co.uk
Hastings YMCA Badminton Club
8.15pm - The Y Centre, 26 St Paul's Rd
Adult club, limited spaces for juniors. Booking essential £5.50 hastingsymcabadmintonclub.co.uk

Tuesdays Hastings Active Fit
11.00am - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Contact weststleonardsca@gmail.com for details
Table Tennis
1.45pm - Isabel Blackman Centre, Winding St
Register at: isabelblackmancentre.co.uk
Badminton
6.00pm - Summerfields Leisure Centre, Bohemia Rd
£5.60 or £4.70 with a Leisure Pass. Booking: 01424 457691
Judo with Hollington Judo Club
6.15pm - Hollington Community Centre, 1 Wishing Tree Rd N
£3.50 from reception to year 6. Contact Neil Chalcraft 07858 412184
PB Runner
6.15pm - Various locations. Group effort running sessions £2. For info: slinklater65@gmail.com
Judo with Hollington Judo Club
7.00pm - Hollington Community Centre, 1 Wishing Tree Rd N
For children in years 7-11 contact Neil Chalcraft 07858 412184
Hastings Women's Indoor Rounders
7.30pm - The St Leonard's Academy, Edinburgh Rd
info: hastingsrounders@gmail.com. In the Sports Hall. Booking: eequ.org/experience/4956
Judo with Hollington Judo Club
8.00pm - Hollington Community Centre, 1 Wishing Tree Rd N
£5 Adults. Contact Neil Chalcraft
Hastings YMCA Badminton Club
8.30pm - Bexhill Leisure Centre, Down Rd, Bexhill
Adult club, limited spaces for juniors. Booking essential £5.50 hastingsymcabadmintonclub.co.uk

cabadmintonclub.co.uk
Wednesdays Hastings Blister Sisters Slow Jogging Group
7.00am - Alexandra Park, St Helen's Rd
Details: blistersisters.co.uk
Badminton
9.30am - Summerfields Leisure Centre, Bohemia Rd
£5.60. Adults. 18 places available for 3 courts usage. Booking: freedom-leisure.co.uk
LTA Walking Tennis
11.00am - Alexandra Park Tennis Courts
£3 per session. Older people with long term health conditions. Tennis at your pace! Book: clubspark.lta.org.uk
Pickleball
3.00pm - Summerfields Leisure Centre, Bohemia Rd
£3 for all ages and abilities. Booking freedom-leisure.co.uk
Hastings Pirates Baseball Club
7.00pm - Claremont Preparatory School, Ebden's Hill, Westfield
Free for your first session (£6 per session after that)
hastingsbaseball.co.uk
Badminton
7.00pm - Summerfields Leisure Centre, Bohemia Rd
Adults £5.60 Booking freedom-leisure.co.uk
Hastings YMCA Badminton Club
7.30pm - The Y Centre, 26 St Paul's Rd
Adult club, limited spaces for juniors. Booking essential £5.50 hastingsymcabadmintonclub.co.uk

Thursdays Hastings Active Fit
10.30am - Contact weststleonardsca@gmail.com for details.
Short Mat Bowling
2.00pm - West Hill Community Centre, Croft Rd
£3 per session including refreshments, all equipment and instruction provided, all welcome including complete beginners.
Hastings Mixed Indoor Rounders
7.00pm - Horntye Park Sports Complex, Bohemia Rd
info: hastingsrounders@gmail.com. In the Sports Hall downstairs. Booking: eequ.org/experience/6227
Mixed Darts League
7.00pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Bar open for the duration. Contact weststleonardsca@gmail.com

gmail.com for details
Heart and Sole Runners
7.00pm - Grosvenor Gardens
Badminton
8.00pm - Summerfields Leisure Centre, Bohemia Rd
£5.60. Adults. 18 places available for 3 courts usage. Booking: freedom-leisure.co.uk

Fridays Hastings Blister Sisters Slow Jogging Group
7.00am - Alexandra Park, St Helen's Rd
Details: blistersisters.co.uk
Adults Badminton
9.30am - Summerfields Leisure Centre, Bohemia Rd
£5.60 Details and booking: freedom-leisure.co.uk
Table Tennis
1.45pm - Isabel Blackman Centre, Winding St
Register at: isabelblackmancentre.co.uk
Squad Girls' Football
6.00pm - TN34 2AY, The Byeway
FREE. For girls' aged 12 to 14, at The Firs. To book eequ.org/experience/25158.
Barbarian Swimmers
6.00pm - Summerfields Leisure Centre, Bohemia Rd
Urban Football
7.00pm - TN34 2AY, The Byeway
FREE. Ages 12-17. To book: eequ.org/experience/15576



EVENTS & ACTIVITIES

Friday 14 August Project Rewild Sessions - Age 7 to 14
2.00pm - Woody Wood Orchard, Hollington Bowl
Nature based play and learning - bushcraft, music, archery, exploration, foraging, campfire cooking, arts and crafts, storytelling, wild free play and creation. projectrewild.co.uk

Saturday 15 August Bexhill Art Weekender
Saturday 15 August - De La Warr Pavilion, Marina, Bexhill
Exhibitions, performances, screenings, workshops, talks and open studios - all free to attend!
Batty Bingo 70s & 80s Party!
1.00pm - The Forbidden Fruit, 22 Grand Parade
£20
Ambient Skies with Rumen + Astronomy
7.30pm - Hastings Castle, Castle Hill Rd
Ambient music set and as-

tronomer's talk and guide through the night sky. £20
hastingscastle.org.uk/event/ambient-skies-rumen

Sunday 16 August Mass - Sculpture and 3-D Art Event
10.00am - De La Warr Pavilion, Marina, Bexhill
Exciting new one day event in celebration of Sculpture and 3-D art
Vintage Revival
1.00pm - Mews Industrial Quarter - Managed by FulCel Ltd, 15 Harold Mews
Vibrant community day out celebrating local music, makers, and vintage culture. Live roots music from The Haystingers (2:30pm) + local vinyl DJs.
Creative Sidley Open Mic Night
4.30pm - Sidley Hub Cafe, Canada Way, Bexhill
Creative Sidley Youth Group's open mic night.

Wednesday 19 August Tales in the Ruins: Stories with Ed Boxall
2.00pm - Hastings Castle, Castle Hill Rd
Book: hastingscastle.org.uk/event/tales-in-the-ruins-ed-boxall
Meet the Makers @ Afri-Co-Lab Summer Shop
5.30pm - Afri-Co-Lab, 3, Marine Court
Afri-Co-Lab in Marine Court opens its magnificent Summer Shop and Meet the Makers.

Thursday 20 August Insect Adventures at the Bee Hotel
10.30am - Hastings Museum & Art Gallery, John's Place, Bohemia Rd
Age 4+, Standard child ticket £2 or concession.

Friday 21 August Build, Code, Play: LEGO SPIKE Summer Fun
10.30am and 1.30pm - Hastings Museum & Art Gallery, John's Place, Bohemia Rd
Book: <https://hmag.org.uk/event/build-code-play-lego-spike-summer-fun-launch-dates/>
Project Rewild Sessions - Age 7 to 14
2.00pm - East Hill
Nature based play and learning - bushcraft, music, archery, exploration, foraging, campfire cooking, arts and crafts, storytelling, wild free play and creation projectrewild.co.uk

Saturday 22 August Rye and District Country Show
10.00am - TN36 4BH
U14 free, adults £7.50,

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fun-filled family day!Dog show, traditional horse show, classic car show, and open-air country fair with numerous stalls

Tea and Telly Exhibition
11.00am - The British Tea Museum, 42 George St
Pop up exhibition celebrating Hastings' TV history and aiming to shape plans for a permanent TV museum.

Stand Up To Racism Community Fun Day
11.00am - 53 Brittany Rd
Fr David from St John's has opened the Rectory Garden for SUTR to host a summer fun day with live music, food, a tombola, children's activities and more!

Mad Hatter's Curiosi-tea Party
12.00pm - The Compound, 161 Bexhill Rd
Family fun day with music from Longshore Drifters.

Lemons, Laws and Lairs - A Queer D&D Adventure
2.00pm - White Rock Theatre, White Rock
An afternoon of queer history, fantasy and mischief in a live Dungeons & Dragons adventure.

Mike's Summer Lawn Party @ The Beacon
2.00pm - The Beacon, 67-68 St Mary's Terrace
A celebration of the Summer season with music and good vibes right up through sunset!
Tickets at [mikeslist.uk](#)

Sunday 23 August Family Fun Day @ St Leonards Bowls Club
1.00pm - St Leonards Bowls Club, Grosvenor Cres
Tombola, Bric-a-Brac stall, children's games, free bowls coaching lessons, refreshments and lots more!

Thursday 27 August Neville Chamberlain - Nobody's Fool - A Talk by James Dickinson
10.00am - Amherst Rd Sports & Social Club, 6A Amherst Rd, Bexhill
[probusonline.org/bexhill-hastings-and-st.leonards](#)

Sam Davey Discussing The Sisters and the Sword with Patsy Solanki
5.00pm - Waterstones, Priory Meadow Shopping Centre, 15-16 Kings Walk
Talk, Q&A and signing to celebrate the release of The Sisters and the Sword, the second installment in the Pendragon Prophecy Series!

WEEKLY EVENTS

Sundays Hastings Beach Meditation
9.00am - Hastings Motor

Boat & Yacht Club, Rock-A-Nore Parade
40mins quiet meditation on beach opposite. Check Hastings Beach Meditation on Facebook

Brunch at the Beacon
10.30am - The Beacon, 67-68 St Mary's Terrace
Homeground Kitchen's cosy, hearty food and delicious cocktails. The first 3 Sundays of the month. Book at [hgkhastings@gmail.com](#)

Pokemon League
1.00pm - Table Flip, 201 Queens Rd
Play packs for entry and prizes to be given.

Social Sundays at The Nest
2.00pm - The Nest, The Old Town Hall
A relaxed weekly social space for neurodivergent adults (16+) Come along for chats, games, optional creative activities or just a quiet cuppa in a calm, friendly space.

Mondays Writing Hour
7.30am - 7 Trinity St
Writers can come together to write at the workshops [hastings-writersworkshop.com](#)

Monday Coffee Club + Free Play Session (Toddlers/ Young Children)
9.30am - play., St Andrews Mews
Free play session for toddlers and young children with any food or drink purchased.

Dementia Carer Support Group (carers only)
10.00am - Robsack Centre, Bodiam Dr
Come for a chat and support, refreshments incl. Donations welcome. Every 3rd Monday [dementiasupport.org](#)

Volunteering: Hidden Eden Wellbeing Garden
10.15am - 27 Parsons Cl
Craig's Cabin asks for volunteers to turn this green community space into a sensory garden [craigs-cabin87@hotmail.com](#)

Health Walk Old Town
2.00pm - The Stade, Rock-A-Nore Rd
Free one hour walk, just pop along [tcv.org.uk/southeast/sussex](#)

Backgammon Club
6.30pm - The Horse & Groom, 4 Mercatoria
All abilities welcome

Overeaters Anonymous
7.30pm - Clifton Centre, 1 and 2 Stainsby St

The Hastings and St Leonards Model Railway Club
8.00pm - Baldslow Memorial Hall,

216 Harrow Ln
New members welcome
[hastingsmrc.org.uk](#)

Monday Night Quiz
8.00pm - Noah's Goat
Hastings, 68 George St
Teams of up to 6, £2 p/p entry fee and prizes for winning and losing teams. Message/call if you'd like a table [01424 438791](#).

Tuesdays Tuesday Tales
10.30am - Hastings Museum & Art Gallery, John's Place, Bohemia Rd
Every Tues through the summer, five magical family storytelling sessions with Kevin Graal. [hmag.org.uk](#)

Health Walk St Leonards Seafront
11.00am - Meet at the clock on prom - free one hour walk, just pop along [tcv.org.uk/southeast/sussex](#)

Storytime@Ore Community Library
11.00am - Ore Community Library, 467 Old London Rd
Stories, rhymes, singing and craft. Weekly themes. Free to members and non members.

Original OHPS Old Town Walks
2.30pm - The West Hill Cafe, Castle Hill Rd
Walking tour of the Old Town £6 [ohps.org.uk/walks](#)

Sew It's Tuesday
7.00pm - 161 Bexhill Rd
Share your crafting sewing, crochet, knitting or anything in-between [sewitstuesday@outlook.com](#)

Bingo Night
7.30pm - The Dolphin Inn, 11-12 Rock-A-Nore Rd
Booking advised: [01424 434326](#)

Sound Waves Community Choir
7.30pm - Salvation Army, 26 St Andrew's Square
Free taster session. No auditions. [admin@soundwaveschoir.org.uk](#)

Ruxley's Crew Morris
8.15pm - West Hill Community

Centre, Croft Rd
Morris dancing - with a Hastings pirate twist!
Contact: [crewruyleys@gmail.com](#)

Wednesdays Writing Hour
7.30am - 7 Trinity St
Writers can come together to write at the workshops [hastings-writersworkshop.com](#)

Green Gym at Hastings Centre
10.00am - The Hastings Centre, The Ridge
Horticultural volunteering for health, [carrie.edmonds@tcv.org.uk/07764 655609](#)

Health Walk Alexandra Park
10.30am - Alexandra Park, St Helen's Rd
From Ranger's Office - free one hour walk, just pop along [tcv.org.uk/southeast/sussex](#)

Community Open House
11.00am - Afri-Co-Lab, 3, Marine Court
Make Afri-Co-Lab your home, work space, chill-out lounge and studio for the day! [afri-co-lab.org](#)

European Film Club
3.00pm - Kino-Teatr, 43-49 Norman Rd
Tickets £10/ £7 Members

BASH Networking Event
6.00pm - Barnaby's Lounge, 46 Robertson St
For local businesses. £7.50 ticket pp

All Sorts Auction
6.30pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Auction items accepted from 9am-1pm. Contact [weststleonardsca@gmail.com](#) to confirm. Bar open until late

Men's Walk and Talk
7.00pm - Azur, Marina Pavillion, 44-37 Marina
Meet at Azur for a leisurely walk along the seafront with time to chat. For info or to book: [Hannah Richards hannah.richards@mindcharity.](#)

[co.uk](#) or [07510927978](#).

The Stag Book Club
7.00pm - Stag Inn, 14 All Saints' St
Come along or message if you'd like to join or want more information [staghastings.co.uk](#)

The Class Choir
7.00pm - The Unitarian Church
Friendly, fun, uplifting Women's choir. Free taster sessions, no music reading or auditions. [theclasschoir@gmail.com](#)

Mosaic Triangle Jazz Residency
8.00pm - Barnaby's Lounge, 46 Robertson St

Forbidden Fruit Quiz Night
8.00pm - The Forbidden Fruit, 22 Grand Parade

Argentine Tango Social Night
8.00pm - The White Rock Hotel, 1-10 White Rock
£8 entry fee. Call Phoebe on [07947 440502](#)

Thursdays Hastings Tech Forum
9.00am - Observer Building, 53 Cambridge Rd
Monthly meetup for local tech professionals

Cozy Crypt
10.00am - London Rd
Share Conversation, Access Support, In Partnership with Citizens Advice 1066

Open Tech Thursdays
10.00am - Observer Building, 53 Cambridge Rd
Free community led technology meetup

Free energy advice community drop-in
10.00am - Hastings Community Info Hub, Queens Rd

Green Gym at Church Wood
10.00am - Church Wood
Conservation volunteering for health, contact [carrie.edmonds@tcv.org.uk/07764 655609](#)

Plant Sale at Alexandra Park Greenhouse
10.30am - Alexandra Park Greenhouse, St Helen's Rd

Bingo
2.00pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Contact [weststleonardsca@gmail.com](#) for details

Friendship Café
2.00pm - Hastings Court Care Home, 314 The Ridge
Hosted by the community co-ordinator for stroke rehabilitation, a monthly support and advice session for families affected by strokes. Contact: [01424 755151](#)

The Barbarian Wolf Chess Club
5.15pm - The Horse & Groom, 4 Mercatoria
Weekly chess

Sheer Poetry
6.00pm - Twelve Hundred Postcards, 80 Queens Rd
Open mic, no entry fee, no pressure. Contact Book-Buster on Facebook

Pumphouse Late Plates
6.30pm - Pumphouse Cafe and Deli, Pumphouse, Alexandra Park, St Helen's Rd
Every alternate Thursday

Hypphae Collective Poetry & Music Jam
7.00pm - Barnaby's Lounge, 46 Robertson St
Poetry, musicians, singers - come and collaborate!

Hastings Town Singers
7.00pm - Ark Castledown Primary Academy, Priory Rd
A friendly non-auditioning community choir. Free taster sessions. [hast-ingtownsingers.co.uk](#)

War Games
7.00pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Bar open for the duration. Contact [weststleonardsca@gmail.com](#) for details

Pub Quiz
7.30pm - The Dolphin Inn, 11-12 Rock-A-Nore Rd
Free entry plus prize money to be won!! [01424 434326](#)

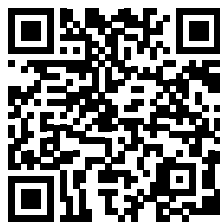
Fridays Writing Hour
7.30am - 7 Trinity St

CROSSWORD CORNER

- Across**
- 1. Store electricity in tea backwards for example (6)
 - 3. Treats out as small sample (6)
 - 4. Reef fig you cut for dummy (6)
- Down**
- 1. Recent changes for netball player (6)
 - 2. Green unknown could create this (6)

Crossword Solution: Answers on page 3 of The HIP List

1					2
3					
4					

The HIP List sponsored by KILEY'S KARPETS CARPETS • RUGS • VINYL • WOOD LAMINATES						5					
Writers can come together to write at the workshops <i>hastings-writersworkshop.com</i> Health Walk Church Wood St Leonards 10.30am - Church Wood Meet at Nature reserve car park, free one hour walk, just pop along <i>tcv.org.uk/southeast/sussex</i> Singing Down Memory Lane 10.30am - St Augustine's Church Hall, St Augustine's Close, Cooden Dr, Bexhill A free singing group for people living with Dementia and their carers in Bexhill. Every 1st and 3rd Friday. <i>dementiasupport.org</i> Hastings Library of Things + Make and Mend Fixing Fridays 11.00am - Maslow Housing Cooperative, 5 Harold Place Borrow tools and useful items, from bolt cutters to sewing machines, from tents to trombones. Find out more: <i>umbrellasussex.org.uk</i>.		Dementia Carer Support Group (carers only) 11.00am - Robsack Centre, Bodiam Dr Come for a chat and support, refreshments incl. Donations welcome. Every 2nd Friday <i>dementiasupport.org</i> The Damascus Runners 11.00am - Bonjour Café, 13 Grand Parade Social walking group, meet on the seafront opposite Broomgrove Youth Club Sessions 4.30pm - Broomgrove Community Centre, 85 Chiltern Dr <i>sarah.adams@freshvisions.org.uk</i> Bev 07732 823800 Saturdays Weekly Indoor Market 10.00am - Saint Leonards Church Market, London Rd Weekly market: clothes, bits, food, tarot. Stalls still available <i>loveamarket.co.uk</i> Monthly Fayre 10.00am - Isabel Blackman		Centre, Winding St Plant Sale at Alexandra Park Greenhouse 10.30am - Alexandra Park Greenhouse, St Helen's Rd Thai Food at the Albert 2.00pm - The Royal Albert, 293 Battle Rd  CLASSES & WORKSHOPS Saturday 15 August Artful Minds present: De-Stress with Colour 1.00pm - Rock House, 49-51 Cambridge Rd De-stress with colour using simple collage techniques with an art educator and mindfulness practitioner. £45. Materials provided. Contact Sue 07845761283 or Carrie 07779241983. Wednesday 19 August Fights, Camera, Action! 10.00am - The Stables Theatre, The Bourne An exciting day of theatre		where children learn the art of safe stage combat before stepping in front of the camera for their very own action scene. £35 Thursday 20 August Fights, Camera, Action! 10.00am - The Stables Theatre, The Bourne An exciting day of theatre where children learn the art of safe stage combat before stepping in front of the camera for their very own action scene. £35 Saturday 22 August 3D Vase of Flowers Watercolour 1.30pm - St Leonards Florist, 33 Sedlescombe Rd N Use a series of flower templates to create a 3D watercolour paper sculpture. £20, all materials included. Book at WhatsApp 07752334198 or <i>sheridanjulieann@gmail.com</i> Monday 24 August Clowning Workshop		10.00am - The Stables Theatre, The Bourne Free, booking required. Age 11+ Wednesday 26 August Recycled Fashion Workshop 10.00am - The Stables Theatre, The Bourne Free, booking required. Age 11+ WEEKLY CLASSES & WORKSHOPS For regular classes and workshops visit: <i>hastingsindependentpress.co.uk/classes-and-workshops</i> 		 HEALTH & WELLBEING Sunday 19 July Tai Chi Walking 9.30am - War Memorial, Alexandra Park, £25. Contact Sigrid at <i>qigong-sigrid@gmail.com</i> or WhatsApp 07492 209190 WEEKLY HEALTH & WELLBEING For regular health and wellbeing listings visit: <i>hastingsindependentpress.co.uk/health-and-wellbeing</i> 	



Hastings Independent

WRITE FOR US

HIP seeks people to join its community-based, volunteer writing and editing team.

Previous experience would be an asset but we're happy to support novices.
Editorial guidelines from and proposals to: info@yourhip.co.uk



DinahBird at Stereo Retro, Kings Road, XMTR 2025

RACHEL MANN

assembly lines that produced the minute parts of microphones, tape-heads, tone-arms and radio sets.

She hopes to highlight the women workers whose presence is unrepresented in radio history. St Leonards has a rich history of audiovisual production, so this project is especially locally relevant.

Clingradio turns salon hairdryers into listening devices with a built-in sound system and repurposed timer dial as the volume control. These play different compilations of the weekly radio show *Clingradio*, which was produced by Sarah Washington for the first year of Resonance FM from 2002-3. *The Wind Phone*, set up by Nanna Hauge Kristensen and inspired by a Japanese post-earthquake phenomenon, creates a communication channel between the living and the dead.

The day after the festival sees a special field trip to Dungeness led by Isobel Anderson, who will give a personal tour to an area known for its sound mirrors, as well as for Derek Jarman's Prospect Cottage.

FREE EVENTS AND CHILDREN'S EVENTS

Festival tickets will give access to the entire programme, but there are also free events open to everyone. These include *Meet Me at the Rose Garden* from Cath Colour Carver, a deep-listening meditative experience to be held in Warrior Square's volunteer-maintained rose garden, and involving costumes and, primarily, tinkling bells.

The event offers a way to channel the sensory input from different flowers. There will also be a Haitian brass parade organised by Jo Hutton, dedicated to the only Queen of Haiti, Marie Louise Coidavid, who lived in Hastings from 1821 to 1824. Through a process of blowing into handmade horns, the event will associate participants, in sound, with the tale of the Haitian Revolution, through which Haiti became the first independent black nation-state. The royal family's history is extraordinary and dramatic.

Events specifically for children include *Sonic Questing* in which five artists layer up sounds into an immersive universe. Waves crashing on the shore, a gurgling swamp and a giant supermarket will inspire curiosity and form story arcs in workshops suitable for 8-12-year-olds. In an event called *Foley Follies*, 11-19-year-olds will create their own live sound effects using a range of materials from pebbles to hot-water bottles, all amplified through specialist microphones.



XMTR 3 Programme, 25-27 September. Friday 25 September: XMTR PULSE + Audio Cabaret Festival Launch. Saturday 26 + Sunday 27: XMTR FESTIVAL Monday 27th: Dungeness Field Trip. Tickets and info from xmtr.com/festival

XMTR Audio Arts Festival

JUDE MONTAGUE

Sound tells stories. Lucia Scazzochio from Social Broadcasts (Resonance FM) has settled in St Leonards-on-Sea and set up an international festival, XMTR – a standard tech abbreviation for a radio transmitter.

The purpose is to bring practitioners from different areas of this growing community to our particular seaside space and to encourage the production of creative audio arts in the town. This is the third year, the first being a collaboration with Sono Electro. She says “The response to the open call was incredible. Anyone who works in podcasting or radio will know we’re in a big moment of flux and we’re all having to find innovative ways to keep the craft alive and thriving.”

XMTR Pulse, a day of debate and conversation, will begin the festival with an international invite-only day symposium exploring the future of creative audio. Podcasters, radio-makers; sound artists will discuss and share how the field is funded and how broadcast happens in 2026 and beyond.

This will be followed by an audio with a varied programme including a short preview of a new John Logie Baird Musical by Jude Montague, Matt Armstrong and Duncan Reekie which will show at the Stables Theatre early in 2027. Those who love to sauna have been sharing

thoughts on this with Hayley Clarke to make a listening installation at Samphire Sauna.

St Leonards, says Lucia, is “a perfect place for this kind of multi-space festival, as there are so many interesting venues run by generous and passionate people. The atmosphere is open and curious and there is a thriving audio arts community, many of whom are participating.”

PROGRAMME HIGHLIGHTS

Manhunt is a 7-episode location-based audio-drama, in which physical traces take you on a location-based journey to real venues. The plot draws on tropes of espionage and cold-war to merge fiction and reality, causing participants to feel as though St Leonards might be a film set.

In St Leonards Church, Daniel Brandt will put together an audiovisual installation – multi-faith prayer room – that brings 120 voices from around the world into a presentation of faith, rituals and future. This diverse philosophical and religious enquiry will invite participants to reflect on the human mind in 2026 in a new kind of church polyphony.

A live broadcast, *Radio Locale*, based in DayGlo Records on Silchester Road and led by Ed Baxter, will present stories from the neighbourhood as people pop by and join in. Those who want to plan their participation in advance can email localeradioxmtr26@gmail.com.

AND MORE. ...

Other festival highlights include Tony Birch's long-term project, which captures the amazing fleeting space created under the pier twice a day. *The Pier Sings* captures the sound of the waves and resonance of the structure at high tide and plays it back binaurally in the same position at low tide. “There's something beautifully counterpoint about the relationship of the tide with the solar day. High noon is always high noon, but the tide can be anywhere in its

cycle at that point. The structure also catches things being thrown around by the sea – bits of the recently beached yacht at Goat Ledge are going, I fear, to be making appearances for a while,” Tony adds, “Maybe the pier is saving things.”

Paris-based sound and radio artist DinahBird returns, with *Invisible Hands*, stories from women working in all aspects of the recording industry. For her XMTR residency she will visit the Marconi oral history archive in Essex to find out about the



Tony Birch Under the Singing Pier

Project Art Works Exhibition

studio INstall: Luke Bebb is open until the end of this week at the Project Art Works gallery. The space recreates the Project Art Works studio in Braybrooke Terrace where artists Luke Bebb and Oliver Crowther regularly work together in co-creative exchange. The installation reveals aspects of Supported Studio Practice and how intuitive, often non-verbal collaborative exploration can positively impact lives beyond the studio.

Throughout the exhibition period, there are moments when the artists are present and collaborating. At other times, traces of Luke and Oliver's ongoing work remain.

Audiences will encounter paintings, soundscapes and environments that make equity in artistic practice possible, highlighting the importance of supportive and responsive approaches to contemporary art making.

OPEN STUDIO AND TOUR

As part of the Coastal Currents festival, Project Art Works will open its campus across three sites in Hastings for studios and exhibitions. Alongside their studios on Bray-

brooke Terrace, they will present a new exhibition at In Residence Gallery at Claremont.

To celebrate heritage, community and history, a special guided tour, part of the national programme *Heritage Open Days*, will be offered on 16 September. Built in 1870, 12 Claremont is a prominent five-story Victorian building in the historical area of Trinity Triangle in Hastings. Originally erected as the Claremont Rooms, its rich history includes housing Hastings' first telephone exchange, an art school, and a local workers' reading room. Amici Studio CIC, who run the creative hub on the building's top floor, will join the tour.

Project Art Works, 12 Claremont, is open Tuesday, Thursday, Friday and Saturday 11am-4.00pm. More information and further examples of Bebb's work: projectartworks.org. Exhibition runs 21 July – 15 August. Opening party for Coastal Currents show: Saturday 5 September. Opening times: Saturday 5, Sunday 6, Saturday 12 and Sunday 13 September. Tour: Wednesday 16 September, 6-7.30pm. Free, booking essential.



Studio wall installation, Luke Bebb exhibition, 12 Claremont, 2026



Project Art Works Studios in Braybrooke Terrace

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