

Friday 14 March to Thursday 27 March 2025

Your Pull-Out Guide
to What's Happening
in Hastings

The HIP List

sponsored by



Sophie Tournier helps repaint the
often vandalised Wavelength art
installation at Bottle Alley. To
volunteer for future such events:
bottlealley.org/wavelength/

Hastings
Independent



MUSIC

Friday 14 March
Kinsella + DJ set by Leopard
7.30pm - The Good Place, 53 Havelock Rd
The Zircons
8.30pm - Pissarro's, 10 South Terrace
Rob Leake, Andy Williams & Daniel Dotor Jazz Trio
8.30pm - Barnaby's Lounge, 46 Robertson St
Wild Combination
9.00pm - The Piper, 1 Norman Rd
Acid House/ Synth pop and post punk with Jenny Leaman on the decks

Saturday 15 March
The Voices of Volya - Book Launch and Choir Performance
At 11.00am & 2.00pm - De La Warr Pavilion, Marina, Bexhill
Defamation Project
2.00pm - Tough Love St
Leonards, 73 Bohemia Rd
Alternative metal from Eastbourne
The Other Band - Fundraiser for Warming up The Homeless
4.00pm - Barnaby's Lounge, 46 Robertson St
Blues/ Americana
Turin Brakes & John Bramwell
7.00pm - De La Warr Pavilion, Marina, Bexhill
Turin Brakes bring their Acoustic tour to DLWP on Saturday 15 March with very special guest John Bramwell!
Northern Soul Club
7.00pm - The Pig, 37 White Rock
All female DJ line up
Briony - Linda Seddon - Lou Vincent & Tara T
AlgoRythm
8.30pm - Barnaby's Lounge, 46 Robertson St
Sound System Arena
10.00pm - White Rock Theatre, White Rock

Sunday 16 March
Donna Canale & Bruce Knapp
1.30pm - Barnaby's Lounge, 46 Robertson St
Tino's Band
3.00pm - The Carlisle, 24 Pelham St
Stef Charles
4.00pm - Barnaby's Lounge, 46 Robertson St
Ragati String Band - Shamrock Sunday
4.00pm - The Jenny Lind Inn, 69 High St

Monday 17 March
St Patrick's Day

Celebration of Music and Song
6.00pm - The Jenny Lind Inn, 69 High St

Tuesday 18 March
Francis Rayner
7.00pm - Barnaby's Lounge, 46 Robertson St
Classical Pianist
Jerry Bergonzi Quartet
7.45pm - East Hastings Sea Angling Association and Social Club, The Stade

Wednesday 19 March
Simon&thePope
6.30pm - Kino-Teatr, 43-49 Norman Rd

Thursday 20 March
Two Ship: Improvised music
7.00pm - Stooge Coffee, 4 Trinity St
featuring: Tamar Osborn (multi-instrumentalist, solo) and Hutch Demouilpied (trumpet/ flute) duo with Tullis Rennie (trombone/ electronics)

Friday 21 March
Millie's Nightclub - Pop-Up Nightclub for adults with Learning Disabilities
7.00pm - White Rock Theatre, White Rock
Sarah Jane Morris & Friends: On the First Day of Spring
7.30pm - Henry Ward Hall, 45 Robertson St
Will Wilde
7.30pm - The Carlisle, 24 Pelham St
Shore Beats Workin
8.00pm - The Piper, 1 Norman Rd
Two floors of music - house upstairs and northern soul downstairs

Saturday 22 March
Reedemon, Pussyliquor, 3dBs Down, Woman Wept, Eager Tiger
7.00pm - The Pig, 37 White Rock
A bill of punk, metal and ska bands.
Howlin' Ric & the Rocketeers & Hans Deville
7.30pm - The Jenny Lind Inn, 69 High St
Modern Rock and Roll/ RnB group
Vicky Jackson as P!NK
7.30pm - White Rock Theatre, White Rock
Small Fakers with guest Kay Iris
7.30pm - The Piper, 1 Norman Rd

Sunday 23 March
Jazz Breakfast at Kino: Mike Hatchard and Derek Nash 'Blues,

Boogie and Bagamuff'
11.00am - Kino-Teatr, 43-49 Norman Rd
Beatles Day Promo Gig 2025
3.00pm - The Jenny Lind Inn, 69 High St
Warm up gig for bands playing at Hastings Beatles Day, including:
Gustaffson - Album Launch (free event)
3.00pm - De La Warr Pavilion, Marina, Bexhill
Scavenger's Daughter
3.00pm - The Carlisle, 24 Pelham St
Red Hot Tribute Peppers
7.30pm - White Rock Theatre, White Rock
The Story of Guitar Heroes
7.30pm - White Rock Theatre, White Rock

Tuesday 25 March
A Razor's Edge - A Celebration of Bob Dylan
7.30pm - The Stables Theatre, The Bourne

Wednesday 26 March
House of All + Borough Council
7.00pm - The Piper, 1 Norman Rd
Original band formed entirely of ex-Fall members
A Razor's Edge - A Celebration of Bob Dylan
7.30pm - The Stables Theatre, The Bourne
Sounds St. Leonards presents Jasdeep Singh Degun
8.00pm - White Rock Theatre, White Rock

Thursday 27 March
John Cale - Poptical Illusion Tour + Support from Tom McCrae
7.30pm - De La Warr Pavilion, Marina, Bexhill
Helicon + Yesterday's Flowers
8.00pm - The Piper, 1 Norman Rd
Glasgow psychedlia

REPEATING EVENTS

Sundays
BYO Vinyl Night
7.00pm - The Jenny Lind Inn, 69 High St

Mondays
The Jam on the Hill
8.00pm - The Plough Inn, 49 Priory Rd
Bring your instrument and voice and join in!
Twitten Revellers Open Session
8.30pm - The Bull Inn Battle, 27 High St
Monthly open folk session, every 3rd Monday.

Tuesdays
Sounds at the

Hound Open Mic
7.00pm - Cactus Hound Bar, 33 - 35 Western Rd
Weekly Open Mic Night, hosted by Steve Didge
Traditional Folk Open Sessions
8.00pm - Stag Inn
Playing tunes from Ireland, England, Scotland and beyond
Albion Skiffle Sessions
8.30pm - Albion Hastings, 33 George St
Every 2nd and 4th Tuesday of the month

Wednesdays
Open Mic
7.00pm - The Piper, 1 Norman Rd
Weekly. Hosted by Steve Didge
Cracklin' Griffins
7.00pm - The Seadog, 32 Station Rd
Unplugged folk rock sessions
Folk Session at the Dolphin
8.00pm - The Dolphin Inn, 11-12 Rock-a-Nore Rd
Every Third Wednesday of the month.
The Other Band
8.00pm - The Dolphin Inn, 11-12 Rock-a-Nore Rd
4th Wednesday a month. Classic Blues, R&B and Americana

Thursdays
Open Mic Night
7.00pm - The Pig's Palace, 37 White Rock
Berth of the Cool: Jazz DJs with Herbie Greensmith & Southcoast DonArden
7.00pm - The White Rock Hotel, 1-10 White Rock
Downstairs at the White Rock Hotel. Second Thursday of the month
The Jazz Organisation
8.00pm - NUR Restaurant & Lounge, 13 Robertson St
Shanty Night
8.30pm - The Jenny Lind Inn, 69 High St
Grab a pint, grab a lyrics sheet and join in

Fridays
McNiff's Folk Soundowner
5.00pm - The Jenny Lind Inn, 69 High St
Weekly acoustic strand with a different guest featured every Friday
Dine with Music
6.00pm - The Dolphin Inn, 11-12 Rock-a-Nore Rd
Full menu plus specials. Guest singers begin from 7.30pm

Saturdays
The Coffee House Sessions
5.30pm - Hanushka Coffee, Robertson St
Free entry. Jason McNiff

and friends present
Punk Night
8.30pm - The Carlisle, 24 Pelham St
Monthly. Check Punk Rock at the Carlisle for updates on bands

PERFORMANCE

Sunday 23 February
Hastings Music Festival
Sunday 23 February
- White Rock Theatre, White Rock

Friday 14 March
The Forbidden Fruit Drag Night: Snow White Trash
9.30pm - The Forbidden Fruit, 22 Grand Parade

Saturday 15 March
The Poetry Brothel: Hunger
7.30pm - The White Rock Hotel, 1-10 White Rock
John Shuttleworth - Raise the Oof
7.30pm - White Rock Theatre, White Rock
Luke Wright - Joy!
7.30pm - Kino-Teatr, 43-49 Norman Rd

Tuesday 18 March
A Dance for Us (Theatre Show for Babies)
11.00am - Stade Hall, The Stade

Wednesday 19 March
The Bavard Bar
7.30pm - Kino-Teatr, 43-49 Norman Rd

Thursday 20 March
The Royal Ballet: Romeo and Juliet
7.15pm - Kino-Teatr, 43-49 Norman Rd
Hastings Comedy Festival Comedy Night
8.00pm - White Rock Theatre, White Rock
Hastings Comedy Festival - Comedy Nights Live
8.00pm - White Rock Theatre, White Rock
Hastings Comedy Festival Comedy Nights Live from the White Rock Studio. Enjoy three top comedians in one bumper night of comedy. Tony Law, Karen Bayley and host Russell Arathoon.

Saturday 22 March
Hastings Tonight! 7.00pm - Henry Ward Hall, 45 Robertson St
HPO Ensemble Orquesta Opera Academy: Mozart, Don Giovanni
7.00pm - Christ Church St Leonards on Sea, Silchester Rd
The Forbidden Fruit Drag Night:

Mary O'Kart
9.30pm - The Forbidden Fruit, 22 Grand Parade

Tuesday 25 March
The Smartest Giant in Town
4.00pm - De La Warr Pavilion, Marina, Bexhill
Dance Live! 2025 Senior Heats
7.00pm - White Rock Theatre, White Rock

Wednesday 26 March
The Smartest Giant in Town
10.00am - De La Warr Pavilion, Marina, Bexhill
The Smartest Giant in Town
1.00pm - De La Warr Pavilion, Marina, Bexhill

Thursday 27 March
Dr. Strangelove
7.00pm - Kino-Teatr, 43-49 Norman Rd
Mo Gilligan - In The Moment World Tour
8.00pm - White Rock Theatre, White Rock

REPEATING EVENTS

Tuesdays
Mayfly
7.30pm - The Stables Theatre, The Bourne

Wednesdays
She Kills Monsters
7.00pm - Izzard Theatre, Penland Rd, Bexhill
Get ready to dive into a world of monsters, magic, and mayhem in our live-action role-playing game, She Kills Monsters!
Mayfly
7.30pm - The Stables Theatre, The Bourne

Thursdays
She Kills Monsters
7.00pm - Izzard Theatre, Penland Rd, Bexhill
Get ready to dive into a world of monsters, magic, and mayhem in our live-action role-playing game, She Kills Monsters!
Mayfly
7.30pm - The Stables Theatre, The Bourne

Fridays
Out of the Shadows Open Mic/ Poetry Night
7.00pm - Eat @ The Stade, 30A Rock-a-Nore Rd
All ages welcome. Co-hosted by Ed Boxall and Jemia de Blondeville. Book a slot via edboxall.co.uk/contact or Facebook
She Kills Monsters
7.00pm - Izzard Theatre, Penland Rd, Bexhill
Get ready to dive into a world of monsters, magic, and mayhem in our

Wednesdays
Badminton
 9.30am - Summerfields Leisure Centre, Bohemia Rd
 £5.60. Adults. 18 places available for 3 courts usage. Booking: www.freedom-leisure.co.uk
LTA Walking Tennis
 11.00am - Alexandra Park Tennis Courts
 £3 per session. Older people with long term health conditions. Tennis at your pace! Book: clubspark.lta.org.uk
Pickleball
 3.00pm - Summerfields Leisure Centre, Bohemia Rd
 £3 for all ages and abilities. Booking freedom-leisure.co.uk
Hastings Pirates Baseball Club
 7.00pm - Claremont Preparatory School, Ebdens Hill, Westfield
 Free for your first session (£6 per session after that) hastingsbaseball.co.uk
Badminton
 7.00pm - Summerfields Leisure Centre, Bohemia Rd
 Adults £5.60 Booking freedom-leisure.co.uk
Hastings YMCA Badminton Club
 7.30pm - The Y Centre, 26 St Paul's Rd
 Adult club, limited spaces for juniors. Booking



essential £5.50 *hastingsymcabadmintonclub.co.uk*
Men’s Fitness: Strength and Conditioning
8.00pm - Broomgrove Community Centre, 85 Chiltern Dr
Broomgrove residents or £3 To book: *eequ.org/experience/7974*

Thursdays
Hastings Active Fit
10.30am -
Contact *weststleonardsca@gmail.com* for details.
Fun Easy Boxing
11.45am - Isabel Blackman Centre, Winding St
isabelblackman-centre.co.uk
Short Mat Bowling
2.00pm - West Hill Community Centre, Croft Rd
£3 per session including refreshments, all equipment and instruction provided, all welcome including complete beginners.
Hastings Mixed Indoor Rounders
7.00pm - Horntye Park Sports Complex, Bohemia Rd
info: *hastingsrounders@gmail.com*. In the Sports Hall downstairs. Booking: *eequ.org/experience/6227*
Heart and Sole Runners
7.00pm - Grosvenor Gardens
Badminton
8.00pm - Summerfields Leisure Centre, Bohemia Rd
£5.60. Adults. 18 places available for 3 courts usage. Booking: *freedom-leisure.co.uk*

Fridays
Adults Badminton
9.30am - Summerfields Leisure Centre, Bohemia Rd
£5.60 Details and booking: *freedom-leisure.co.uk*
Table Tennis
2.30pm - Isabel Blackman Centre, Winding St
Find out more: *isabel-blackmancentre.co.uk* or visit the centre
Hastings YMCA Badminton Club
8.00pm - The Y Centre, 26 St Paul’s Rd
Members only. Booking essential £4.50 *hastingsymcabadmintonclub.co.uk*



EVENTS & ACTIVITIES

Friday 14 March
60’s Dance Away
12.00pm - Observer Building, 53 Cambridge Rd

Saturday 15 March

The Friends of Conquest Hospital Spring Craft Fair
10.00am - Sedlescombe Village Hall, Church Hill, Sedlescombe
Voices of Volya: Book Launch & Exhibition
11.00am - De La Warr Pavilion, Marina, Bexhill
Voices of Volya: Book Launch & Exhibition
2.00pm - De La Warr Pavilion, Marina, Bexhill
Traitors Night
6.30pm - Pumphouse Cafe and Deli, Pumphouse, Alexandra Park, St Helen’s Rd
with Claudia Winklemanwoman. Tickets through Snappy Tickets £45
The Poetry Brothel Hastings: HUNGER
7.30pm - The White Rock Hotel, 1-10 White Rock Downstairs Bar. Poetry, Music and Burlesque. Tickets eventbrite

Wednesday 19 March
An Evening with Sir Geoff Hurst
7.30pm - White Rock Theatre, White Rock

Friday 21 March
Bexhill Jobs & Apprenticeships Fair
10.30am - De La Warr Pavilion, Marina, Bexhill

Saturday 22 March
Spring Market
10.00am - Observer Building, 53 Cambridge Rd
Wood Market at Alexandra Park Greenhouse
10.30am - Alexandra Park Greenhouse, St Helen’s Rd
Natural History Museum presents Dinosaurs Live
1.00pm - White Rock Theatre, White Rock
Natural History Museum presents Dinosaurs Live
3.30pm - White Rock Theatre, White Rock
Musical Afternoon Tea Experience
5.00pm - De La Warr Pavilion, Marina, Bexhill
The Fabulous Red Diesel Ostara Spring Awakening Party
7.00pm - The Beacon, 67-68 St Mary’s Terrace

Monday 24 March
The Goodness Collective at the Crown
10.30am - The Crown, 64-66 All Saints’ St
Free! *makingyourway.co.uk*

Thursday 27 March
Social Tea Dance for the Elderly
2.00pm - St Michael’s Hospice (Hastings and Rother), St Michael’s Hospice, 25 Upper Maze Hill

Accessible to those with limited mobility, and Dementia friendly. To book, or find out more, please contact Phillipa on 07790 698053 or email *dancehastings@gmail.com*
Women’s Voice Peer Support Group: Neurodiversity
5.30pm - 10 Claremont @ The Mini Common Room

REPEATING EVENTS

Sundays
Hastings Beach Meditation
9.00am - Hastings Motor Boat & Yacht Club, Rock-A-Nore Parade
40mins of quiet meditation on the beach opposite. Check Hastings Beach Meditation on Facebook
Pokemon League
1.00pm - Table Flip, 201 Queens Rd
Play packs for entry and prizes to be given.

Mondays
Writing Hour
7.30am - 7 Trinity St
Writers can come together to write at the workshops *hastings-writersworkshop.com*
Dementia Carer Support Group (carers only)
10.00am - Robsack Centre, Bodiam Dr
Come for a chat and support, refreshments incl. Donations welcome. Every 3rd Monday *discdementiasupport.org*
Volunteering: Hidden Eden Wellbeing Garden
10.15am - 27 Parsons Cl
Craig’s Cabin asks for volunteers to turn this green community space into a sensory garden *craigs-cabin87@hotmail.com*
Health Walk Old Town
2.00pm - The Stade, Rock-a-Nore Rd
Free one hour walk, just pop along *tcv.org.uk/southeast/sussex*
Backgammon Club
6.30pm - The Horse & Groom, 4 Mercatoria
All abilities welcome
Overeaters Anonymous
7.30pm - Clifton Centre, 1 and 2 Stainsby St
Monday Night Quiz
8.00pm - Stag Inn, 14 All Saints’ St
Teams of up to 6, £2 p/p entry fee and prizes for winning and losing teams. Message/call if you’d like a table 01424 438791.
The Hastings and St Leonards Model Railway Club
8.00pm - Baldslow Memorial Hall, 216 Harrow Ln

New members welcome
hastingsmrc.org.uk

Tuesdays
Health Walk St Leonards Seafront
11.00am -
Meet at the clock on prom – free one hour walk, just pop along *tcv.org.uk/southeast/sussex*
Original OHPS Old Town Walks 2024
2.30pm - The West Hill Cafe, Castle Hill Rd
Walking tour of the Old Town £6 *ohps.org.uk/walks*
Sew It’s Tuesday
7.00pm - 161 Bexhill Rd
Share your crafting sewing, crochet, knitting or anything in-between *sewitstuesday@outlook.com*
Sound Waves Community Choir
7.30pm - Salvation Army, 26 St Andrew’s Square
Free taster session. No auditions. *admin@soundwaveschoir.org.uk*
Bingo Night
7.30pm - The Dolphin Inn, 11-12 Rock-a-Nore Rd
Booking advised: 01424 434326
Ruxley’s Crew Morris
8.15pm - West Hill Community Centre, Croft Rd
Morris dancing - with a Hastings pirate twist! Contact: *crewruxleys@gmail.com*

Wednesdays
Writing Hour
7.30am - 7 Trinity St
Writers can come together to write at the workshops *hastings-writersworkshop.com*
Green Gym at Hastings Centre
10.00am - Hastings Centre, The Hastings Centre the Ridge
Horticultural volunteering for health, *carrie.edmonds@tcv.org.uk / 07764 655609*
Conquest Green Gym
10.00am - Conquest Hospital, The Ridge
Conservation volunteering. Booking required. Contact for more details: *carrie.edmonds@tcv.org.uk / 07764 655609*
Dementia Carer Support Group (carers only)
10.00am - Dennis Rankin Room, St Augustines Church
Come for a chat and support, refreshments inc. Donations welcome. Every 4th Wednesday *discdementiasupport.org*
Health Walk Alexandra Park
10.30am - Alexandra Park, St Helen’s Rd
From Ranger’s Office

- free one hour walk, just pop along *tcv.org.uk/southeast/sussex*
Community Open House
11.00am - Afri-Co-Lab, 3, Marine Court
Make Afri-Co-Lab your home, work space, chill-out lounge and studio for the day! *www.afri-co-lab.org*
Dementia Carer Craft Club (for Carers only)
1.00pm - Robsack Centre, Bodiam Dr
A monthly group for carers to practice their favorite hobby and socialise
BASH Networking Event
6.00pm - Barnaby’s Lounge, 46 Robertson St
For local business-ers. £7.50 ticket pp
All Sorts Auction
6.30pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Auction items accepted from 9am-1pm. Contact *weststleonardsca@gmail.com* to confirm.
Bar open untillate
Men’s Walk and Talk
7.00pm - Azur, Marina Pavillion, 44-37 Marina
Meet at Azur for a leisurely walk along the seafront with time to chat. For info or to book: *Hannah Richards hannah.richards@mindcharity.co.uk* or 07510927978.
The Stag Book Club
7.00pm - Stag Inn, 14 All Saints’ St
Come along or message if you’d like to join or want more information *staghastings.co.uk*
Hastings & St Leonards Women’s Circle
7.00pm - Art in the Park, Arts on Prescription, Alexandra Park, Lower Park Rd, St Helen’s Park Rd
Donation only. For self-identifying women *rootsofreturn.org*
The Class Choir
7.00pm - The Unitarian Church
Friendly, fun, uplifting Women’s choir. Free taster sessions, no music reading or auditions. *theclasschoir@gmail.com*

Thursdays
Hastings Tech Forum
9.00am - Observer Building, 53 Cambridge Rd
Monthly meetup for local tech professionals
Open Tech Thursdays
10.00am - Observer Building, 53 Cambridge Rd
Free meetup to chat, share knowledge and access technology
Green Gym at Church Wood
10.00am - Church Wood
Conservation volunteering for health, contact

ST. LEONARDS CHURCH

SATURDAY MARKET

stleoschurch.co.uk

- INDOOR STALLS SELLING -

Arts, Crafts, Antiques & Collectibles

Vintage Chic, Clothes & Jewellery

Tarot Readings & Reiki Healing

- ALSO -

Coffee, Food Court & Wine Bar!

OPEN EVERY SATURDAY 10am to 4pm

Find us at Saint Leonards Church London Road (corner Pevensey Rd) Saint Leonards-on-Sea TN37 6AS

carrie.edmonds@tcv.org.uk / 07764 655609
Free energy advice community drop-in
10.00am - Hastings Community Info Hub, Queens Rd
Cozy Crypt
10.00am - London Road, London Rd
Christ Church. We offer a chat, warm space and a cuppa, cakes and biscuits. Everyone is welcome
Friendship Café
2.00pm - Hastings Court Care Home, 314 The Ridge
Hosted by the community co-ordinator for stroke rehabilitationA monthly support and advice session for families affected by strokes. Contact: 01424 755151
Bingo
2.00pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd
Contact *weststleonardsca@gmail.com* for details
The Barbarian Wolf Chess Club
5.15pm - The Horse & Groom, 4 Mercatoria
Weekly chess
Sheer Poetry
6.00pm - Twelve Hundred Postcards, 80 Queens Rd
Open mic, no entry fee, no pressure. Contact Book-Buster on Facebook
Pumphouse Late Plates
6.30pm - Pumphouse Cafe and Deli, Pumphouse, Alexandra Park, St Helen’s Rd
Every alternate Thursday
Hastings Town Singers
7.00pm - Ark Castledown Primary Academy, Priory Rd
A friendly non-auditioning community choir. Free taster sessions. *hast-ingstownsingners.co.uk*
Mixed Darts League
7.00pm -
Bar open for the duration. Contact *weststleonardsca@*

Crossword Solution No 272:
Across: 1. Almond (anagram) 3. BusTed 4. (bigge)Strive(r)
Down: 1. (p)Alibis(tro) 2. Drudge (anagram)



gmail.com for details
War Games
7.00pm - West St Leonards Community Centre and Social Club, 130 Bexhill Rd Bar open for the duration. Contact weststleonardsca@gmail.com for details
Hastings Humanists Meeting
7.30pm - The White Rock Hotel, 1-10 White Rock Monthly. Check their Facebook page for more details. Hybrid meetings may be available.
Pub Quiz
7.30pm - The Dolphin Inn, 11-12 Rock-a-Nore Rd Free entry plus prize money to be won!! Booking recommended 01424 434326

Fridays
Writing Hour
7.30am - 7 Trinity St Writers can come together to write at the workshops hastings-writersworkshop.com
Health Walk Church Wood St Leonards
10.30am - Church Wood Meet at Nature reserve car park, free one hour walk, just pop along tcv.org.uk/southeast/sussex
Singing Down Memory Lane
10.30am - St. Augustine's Church Hall, Bexhill-on-Sea, St Augustine's Close, Cooden Dr, Bexhill A free singing group for people living with Dementia and their carers in Bexhill. Every 1st and 3rd Friday. disc-dementiasupport.org
Dementia Carer Support Group (carers only)
11.00am - Robsack Centre, Bodiam Dr Come for a chat and support, refreshments incl. Donations welcome. Every 2nd Friday disc-dementiasupport.org
Broomgrove Youth Club Sessions
4.30pm - Broomgrove Community Centre, 85 Chiltern Dr sarah.adams@freshvisions.org.uk Bev 07732 823800

Saturdays
Indoor Market
10.00am - Saint Leonards Church Market, London Rd Weekly market: clothes, bits, food, tarot. Stalls still available. stleo-schurch.co.uk
Monthly Fayre
10.00am - Isabel Blackman Centre, Winding St
Hastings Library of Things
10.00am - Hastings Town Hall, Station Rd Borrow tools and useful items, from bolt cutters

to sewing machines, from tents to trom-bones. Find out more: umbrellasussex.org.uk.
Thai food at the Albert
2.00pm - The Royal Albert, 293 Battle Rd
Hastings and St Leonards Community Singing and Drumming Circle
6.00pm - Clifton Centre, 1 and 2 Stainsby St All are welcome. Food sharing, meditation, drumming, singing and sometimes dancing! Read more at meetup.com



CLASSES & WORKSHOPS

Friday 14 March
Food & Mood Pop In by Creative Concoctions
11.00am - Hastings Library, Brassey Institute, 13 Claremont Nutritional advice and journaling free drop in!

Saturday 15 March
Hastings Psychedelic Integration Circle
11.00am - The Humble Hub, 4-5 Shepherd St The Medicine Coaches, £5 thehumblehub.co.uk
Lunar Liberation: Total Eclipse Shamanic Healing & Sound Healing
7.00pm - The Humble Hub, 4-5 Shepherd St Natasha Saltzer & Jo Allen, £20 thehumblehub.co.uk

Sunday 16 March
Authentic Movement - Moving and Being
10.30am - The Humble Hub, 4-5 Shepherd St Vix Thompson £18 thehumblehub.co.uk
Movement Metaphor-Deeper 5Rhythms
2.00pm - The Humble Hub, 4-5 Shepherd St Emma Leech, £25 thehumblehub.co.uk
Gifts of Grace Album Fundraiser
7.00pm - The Humble Hub, 4-5 Shepherd St Seraphina Bianconi thehumblehub.co.uk

Wednesday 19 March
Learn Share Network: Costing the Earth
5.00pm - De La Warr Pavilion, Marina, Bexhill

Thursday 20 March
Bread Baking Course with @emsbread
5.00pm - The Crown, 64-66 All Saints' St £75 booking essential emsbread@gmail.com

REPEATING EVENTS

Sundays
Yoga Flow
9.15am - Isabel Blackman Centre, Winding St Relaxing sensory class. Register at: isabelblackmancentre.co.uk.
Sunday Brunch-time Kid's Art Club
10.00am - Outside the Smokeshack, St Andrews Mews Join Artist and Arts Educator Charlotte CHW for different creative projects every week at the revamped St Andrews Mews. 5-10yrs. £5, drop-in or stay full 2 hours. Contact: c.hwatts.art@gmail.com
Regency Dance Workshop
2.00pm - St Peter & St Paul Church in the Parish of St. John the Evangelist, Parkstone Rd Monthly. Visit Hastings Historical Dance Group on Facebook or contact: di-anadancer@btinternet.com
Yin Yoga
3.00pm - Hot Yoga Hastings, 21 St Peter's Rd Mindful yoga with mat-based pilates. Find out more: hotyogahastings.co.uk
Relax & Renew, Restorative Yoga
3.00pm - St Leonards Studio, Royal Victoria Monthly only - contact: karen@yoga-by-the-sea.co.uk
Big Yin Energy Yoga
3.00pm - The Wellington Health & Wellbeing Centre, 44 Wellington Square A session designed to restore the nervous system. £15. Find out more: www.madre-sl.com
Moon meditation & Soundbath
5.00pm - The Humble Hub, 4-5 Shepherd St £15 Jo Allen, 4th & 18th August, The Humble Warrior, thehumblehub.co.uk
Dynamic Anatomy Yoga
7.00pm - West Hill Community Centre, Croft Rd £8 drop in, £36 for six week course, BYOM, book online dynamicanatomy.co.uk/yoga

Mondays
Gentle Flow Yoga
7.45am - The Wellington Health & Wellbeing Centre, 44 Wellington Square £10 twigtea.com
Kettlebells
9.15am - Isabel Blackman Centre, Winding St Full body strength class. Register: isabel-blackmancentre.co.uk
Slow Flow Yoga

(Open Level)
9.30am - St Leonards Studio, Royal Victoria Contact: karen@yoga-by-the-sea.co.uk
Pilates: Multi Level
9.30am - The Humble Hub, 4-5 Shepherd St £10 Pilates by Sarah T, thehumblehub.co.uk
Beginners Vinyasa Flow
9.30am - Hot Yoga Hastings, 21 St Peter's Rd hotyogahastings.co.uk
Cygnets Swans
9.45am - Isabel Blackman Centre, Winding St Ballet for beginners. Register: isabelblackmancentre.co.uk
Circuits
10.00am - Isabel Blackman Centre, Winding St Cardio and weighted exercise. Register: isabelblackmancentre.co.uk
Art Classes for Adults
10.00am - St Matthew's Church-on-Sea, London Rd All levels. £23 per session or cheaper for block/term. Website: sjflack.art
Hastings Knitters
10.00am - White Rock Theatre, White Rock ajwright54@yahoo.com
Tai Chi Beginners
11.00am - The Humble Hub, 4-5 Shepherd St £10 Andy Cullen, thehumblehub.co.uk
Yoga Over 60 – maintaining movement
11.00am - St Leonards Studio, Royal Victoria Contact: zowie@stleonards.studio
Intermediate French Course Level 1
11.00am - Bus Stop Studios, 53 London Rd With Olivier Jarré busstopstudios.com/classes
Moon meditation & Soundbath
5.00pm - The Humble Hub, 4-5 Shepherd St £15 Jo Allen, 4th & 18th August, The Humble Warrior, thehumblehub.co.uk
Dynamic Anatomy Yoga
7.00pm - West Hill Community Centre, Croft Rd £8 drop in, £36 for six week course, BYOM, book online dynamicanatomy.co.uk/yoga

blehub.co.uk
LGBTQ+ social meet
2.15pm - Isabel Blackman Centre, Winding St Register and find out more: isabelblackmancentre.co.uk
Chair Yoga
3.00pm - Isabel Blackman Centre, Winding St Register: isabelblackmancentre.co.uk
Origami
3.00pm - Isabel Blackman Centre, Winding St
Silver Swans Ballet Class
4.00pm - Ore Community Centre, 455 Old London Rd Studio 2. Contact: Annie on 07704 711772
Drum Club
4.15pm - West Hill Community Centre, Croft Rd £6.50. Booking essential. For 15–16-year-olds. Contact: juliansambadrum@gmail.com
Kids Aerial Hoop
4.30pm - The Humble Hub, 4-5 Shepherd St £9 Samantha Beagley, thehumblehub.co.uk
Beginners Pointe Class
5.30pm - Ore Community Centre, 455 Old London Rd Studio 2. Contact: Annie 07704 711772
Multi level Pilates
5.30pm - Isabel Blackman Centre, Winding St Register: isabelblackmancentre.co.uk
Darragh Dance
5.30pm - Afri-Co-Lab, 3, Marine Court £10, £5 concessions. Get your joy on with movement director and choreographer Darragh O'Leary. afri-co-lab.org
Qigong with Sigrid
5.45pm - The Wellington Health & Wellbeing Centre, 44 Wellington Square Contact Sigrid qigon-sigrid@gmail.com
Foundations of Yoga with Paula
6.00pm - St Leonards Studio, Royal Victoria Contact: paula@stleonards.studio
Dynamic Vinyasa
6.00pm - The Humble Hub, 4-5 Shepherd St £12 Kirsty T, MADRE SL, thehumblehub.co.uk
Candlelit Yoga
6.00pm - All Saints Hall, 142 All Saints' St oldtownyoga.co.uk
Beginners Vinyasa Flow
6.30pm - Hot Yoga Hastings, 21 St Peter's Rd hotyogahastings.co.uk
Pole dance
6.30pm - Free Bird Fitness, Silchester Rd, St. Leonard's-on-Sea freebirdfitness.uk
Martial Arts Free Trial Lesson
7.00pm - Ark Alexandra

Academy (Staff entrance), Park Ave Families are welcome. Booking required. Find out more at martialartshastings.com
Yoga for Men's Health
7.00pm - Play Sport Fitness Hub £3. Book via: eequ.org/experience/3120
Hastings Punk Choir
7.00pm - Electric Palace, 39A High St (And generally a drink or two in the Jenny Lind afterwards)
Ballet Barre
7.15pm - Hastings Old Town oldtownyoga.co.uk
Kundalini Yoga & Meditation with Yeli
7.30pm - The Wellington Health & Wellbeing Centre, 44 Wellington Square yeli@happiness-holistichealth.uk
Mixed Ability Pole Class
7.30pm - The Humble Hub, 4-5 Shepherd St £15 ActiveCherry, thehumblehub.co.uk
Pole heels choreo
7.45pm - Free Bird Fitness, Silchester Rd, St. Leonard's-on-Sea freebirdfitness.uk
Aerial Hoop Class
8.30pm - The Humble Hub, 4-5 Shepherd St £15 ActiveCherry, thehumblehub.co.uk

Tuesdays
Dynamic Vinyasa
7.30am - The Bank Hotel & Bistro, 28-29 Grand Parade with Tam Klien
Ashtanga Yoga - Assisted Self Practice
7.30am - The Wellington Health & Wellbeing Centre, 44 Wellington Square £15 ashtangayogahastings@gmail.com
Intermediate Pilates
9.00am - Isabel Blackman Centre, Winding St Register and find out more: isabelblackmancentre.co.uk
Daoist Qi Gong
9.00am - St Leonards Studio, Royal Victoria andreacorsoqg@yahoo.com
Pilates: with a roller, with Sally Paffard
9.00am - Via Zoom sallypaffard@gmail.com
Pilates with Lucy Paffard
9.30am - lucypaffard@gmail.com
Writing Life
10.00am - DAYDREAM café & restaurant (Brunch), 51B&C, Robertson St Unleash your imagination in a warm, welcoming and relaxed group nicky@diamond-minds.co.uk
YOYO Arts Club
10.00am - Art in the



Park, Alexandra Park
Beginners French
10.00am - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Art Classes for Kids
10.00am - 12 Maze Hill
£12 per child - All materials included. Email Theresa stleonardsartschool@outlook.com
Space & Flow Yoga
10.00am - The Wellington Health & Wellbeing Centre, 44 Wellington Square
£10 or 5 for £40
5 Rhythms Dance
10.00am - The Humble Hub, 4-5 Shepherd St
£15 Emma Leech thehumblehub.co.uk
5 Rhythms Movement Metaphor
10.00am - Crown House, Marina
£15 or £12 concession, £10 for beginners info@artsonprescription.org
Painting for Pleasure
10.00am - Stade Hall, The Stade
10 week course £100, info.sheridanjulieann@gmail.com
Developing Your Craft - Writer's Workshop
10.00am - 7 Trinity St
For new members of all levels of experience, 10 sessions, reading week 25 febwritersworkshop.com
The Crown Knitters
10.30am - The Crown, 64-66 All Saints' St
Weekly group who knit lovely things to sell for local charities thecrownhastings.co.uk/events
Conversational French
11.00am - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Needle Felt
11.00am - Isabel Blackman Centre, Winding St
isabelblackmancentre.co.uk
Art Classes for Adults
11.00am - 12 Maze Hill
£13.50 per person - All Materials Included. Email Theresa stleonardsartschool@outlook.com
Hot Yoga Hastings
11.00am - Hot Yoga Hastings, 21 St Peter's Rd
hotyogahastings.co.uk
Beginners Line Dance Classes
11.15am - All Saints Hall, 142 All Saints' St
Contact Kerris 0748047236
Matwork Pilates
12.00pm - The Humble Hub, 4-5 Shepherd St
Mary Boyarski, £10 thehumblehub.co.uk
Painting for Pleasure
12.15pm - Stade Hall, The Stade
10 week course £100 or 2

for £180, [info.sheridanjulieann@gmail.com](mailto:sheridanjulieann@gmail.com)
Needle Felt 2
1.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Brain Function Fitness
1.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Online Chair Yoga
2.00pm -
Via Zoom sueyoga1066@gmail.com
Art & Social Club
2.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Hand Embroidery Afternoon Course
2.00pm - 53 London Rd
Lady B Embroidery. Also Wednesdays 6.30pm
Conversational French lessons
2.00pm - Ore Community Library, Old London Rd
£7 email: french.tutor.1066@gmail.com
The Untamed Body
2.00pm - The Humble Hub, 4-5 Shepherd St
Seraphina Bianconi, £15 thehumblehub.co.uk
FREE Mark Your Mark Workshop (0-4yrs)
2.30pm - Stade Hall, The Stade
Weight Training Beginners
3.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Ore Youth Club Sessions
4.30pm - Ore Community Centre, 455 Old London Rd
Register and find out more: sarah.adams@freshvisions.org.uk
Level 2a Class, T'ai Chi Ch'uan : Long Yang Form
4.45pm - The Humble Hub, 4-5 Shepherd St
Chris Hamblin, POA thehumblehub.co.uk
Knitting Yarns
5.00pm - Sugarpie Honeybuns, 235 London Rd
Contact Rachel: 07397 794879
Traditional Yoga
5.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Gary Marriott's Tune up Tuesdays
5.15pm -
Town Centre Text 07986 911083 for info
Strength and conditioning
5.30pm - Free Bird Fitness, Silchester Rd, St Leonard's-on-Sea
freebirdfitness.uk
Pilates with Sally Paffard
5.30pm - West Hill Community Centre,

Croft Rd
Small class, contact Sally: 07973 530911
Weighted Neuro Gym Session
6.00pm - Elphinstone Road, Elphinstone Rd
Play Sport Fitness Hub
£3 or pay what you can To book: eequ.org/experience/6816
Old Town Yoga
6.00pm - Stade Hall, The Stade
£9. Book at www.old-townyoga.co.uk
Sunset Flow with Hannah
6.00pm - The Wellington Health & Wellbeing Centre, 44 Wellington Square
£9.00 hola@madre-sl.com
Comedy Improv Drop In Class
6.00pm - Cake Room, 30 Robertson St
£16
Vinyasa Yoga
6.00pm - The Humble Hub, 4-5 Shepherd St
£10 Veronica Hare, thehumblehub.co.uk
School pole flow
6.30pm - Free Bird Fitness, Silchester Rd, St. Leonard's-on-Sea
freebirdfitness.uk
Silver Swans Ballet Class
6.30pm - Ore Community Centre, 455 Old London Rd
Contact Annie: 07704 711772
Vinyasa Flow
6.30pm -
Bank House Studio - karen@yoga-by-the-sea.co.uk
Belly Dance Class
6.30pm - Stade Hall, The Stade
For more info: contact Cate 'Caasi' Brick on Facebook.
Developing Your Craft - Writer's Workshop
6.30pm - 7 Trinity St
For new members of all levels of experience, 10 sessions, reading week 25 Feb. writersworkshop.com
Creative Watercolour Evening Course
7.00pm - Bus Stop Studios, 53 London Rd
With Alice Stevenson busstopstudios.com/classes
Kadampa Buddhist Meditation Class
7.00pm - St Nicholas Centre, London Rd
£9/£7 conc. Term time only, Maitreya
Dynamic Vin to Yin Yoga
7.30pm - The Humble Hub, 4-5 Shepherd St
£12 Tamaras Klien, MADRE SL, thehumblehub.co.uk
Mixed pole fitness
7.45pm - Free Bird Fitness, Silchester Rd, St. Leonard's-on-Sea
freebirdfitness.uk
Seen on Screen Dance with Rosie
7.45pm - The Y Centre, 26 St Paul's Rd

£10 on the door.
Visit: sos.dance
Country Dancing
7.45pm - Saint Matthews Church Centre, St. Matthews Church Centre, London Rd
hastingscountry-danceclub.org.uk
Wednesdays Yoga Flow
7.30am - The Humble Hub, 4-5 Shepherd St
£10 Rachael, Elevate Yoga, thehumblehub.co.uk
Sunset Pilates
9.00am - The Humble Hub, 4-5 Shepherd St
£10 Sally Paffard, thehumblehub.co.uk
Pump & Tone
9.00am - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Adventures Through Movement and Music (0-2 years)
9.00am - Mini Playhouse, 26 White Rock
£4 (after free trial). pitterpatterarts@gmail.com
Seated Strength Exercise Class
9.15am - Elphinstone Road, Elphinstone Rd
eequ.org/experience/8223
Yoga & Meditation
9.30am - The Bank Hotel & Bistro, 28-29 Grand Parade
Kirsty T
Imaginative Ballet (2-4 years)
10.00am - Mini Playhouse, 26 White Rock
£4 (after free trial). pitterpatterarts@gmail.com
Qigong
10.00am - Isabel Blackman Centre, Winding St
Register: isabelblackmancentre.co.uk
Wellbeing Wednesdays
10.00am - Art in the Park, Alexandra Park, Lower Park Rd, St Helen's Park Rd
Pay as you can, suggested donation £4. Light refreshments & creative activities with a focus on enhancing your wellbeing. info@artsonprescription.org
Crowninos Kids Group
10.00am - The Crown, 64-66 All Saints' St
£6 per family unit. Songs, stories and vibes. For 0-4 year-olds and their carers
Spanish – Adult Beginners
10.00am - First floor, 7 Cambridge Rd
£15 Classes available for all levels. Contact spanishonseaschool@gmail.com or Españoles en Hastings FB page
Elemental Yoga with Catherine
10.30am - St Leonards Studio, Royal Victoria
£7. Contact: [\[burnett12@gmail.com\]\(mailto:burnett12@gmail.com\)
Aerial Yoga
10.30am - The Humble Hub, 4-5 Shepherd St
£15 Samantha Jane, \[thehumblehub.co.uk\]\(mailto:thehumblehub.co.uk\)
Musical Drama \(2-4 years\)
11.00am - Mini Playhouse, 26 White Rock
£4 \(free trial\). \[pitterpatterarts@gmail.com\]\(mailto:pitterpatterarts@gmail.com\)
French for Beginners Level 1
11.00am - Bus Stop Studios, 53 London Rd
With Olivier Jarré \[busstopstudios.com/classes\]\(mailto:busstopstudios.com/classes\)
Art Classes for Adults
11.00am - 12 Maze Hill
£13.50 per person - All Materials Included. Email Theresa \[stleonardsartschool@outlook.com\]\(mailto:stleonardsartschool@outlook.com\)
Art Classes for Adults
11.00am - 12 Maze Hill
also 12.00pm £13.50 per person - All Materials Included. Email Theresa \[stleonardsartschool@outlook.com\]\(mailto:stleonardsartschool@outlook.com\)
Parent Toddler Singalong Session
11.30am - Early Help Keywork Service, Ocean House, 87-89 London Rd
Free for children under 5
Therapeutic Yoga
12.30pm - The Hastings Centre, The Ridge
£7 All abilities welcome. \[ninayoga.co.uk\]\(mailto:ninayoga.co.uk\)
Let's Do Lunch
12.30pm - Isabel Blackman Centre, Winding St
Home-cooked two course menu for under £10. Info: \[isabelblackmancentre.co.uk\]\(mailto:isabelblackmancentre.co.uk\)
Legs Bums & Tums
1.00pm - Isabel Blackman Centre, Winding St
Register: \[isabelblackmancentre.co.uk\]\(mailto:isabelblackmancentre.co.uk\)
Dynamic Breathwork
1.00pm - The Humble Hub, 4-5 Shepherd St
£12 Andrew Dunne \[thehumblehub.co.uk\]\(mailto:thehumblehub.co.uk\)
St Leonards' Writers
1.00pm - St Ethelburga Church-on-Sea, St Saviours Rd
\[stleonardswriters@outlook.com\]\(mailto:stleonardswriters@outlook.com\)
Qigong Movement Class
1.00pm - Christ Church Blacklands, Laton Rd
\[eequ.org/experience/8796\]\(mailto:eequ.org/experience/8796\)
Hatha Yoga for You
2.00pm - St Leonards Studio, Royal Victoria
\[louise@stleonards.studio\]\(mailto:louise@stleonards.studio\)
Intro to Crochet Afternoon Course
2.00pm - Bus Stop Studios, 53 London Rd
With Katie Jones \[busstopstudios.com/classes\]\(mailto:busstopstudios.com/classes\)
FREE Mark Your Mark Workshop \(0-4yrs\)
2.30pm - Stade](mailto:catherine-</p></div><div data-bbox=)

Hall, The Stade
HIIT cardio
3.00pm - Isabel Blackman Centre, Winding St
Register and find out more: isabelblackmancentre.co.uk
Level 1 Class, T'ai Chi Ch'uan : Long Yang Form
3.00pm - The Humble Hub, 4-5 Shepherd St
£0 Christopher Hamblin, thehumblehub.co.uk
Art Classes for Kids
4.15pm - 12 Maze Hill
£12 per child - All materials included. Email Theresa stleonardsartschool@outlook.com
Star Child Mystery School
4.30pm - The Humble Hub, 4-5 Shepherd St
Natasha Saltzer, £10 thehumblehub.co.uk
Mystical Yoga at The Bale House
4.45pm - The Bale House Hastings Country Park Visitor Centre, Lower Coastguard Ln, Fairlight
£10. Contact: enchant-edmalas@gmail.com
Qigong with Sigrid
5.30pm - Greek Orthodox Church of Saint Mary Magdalene and Community Hall, St Margarets Rd
Suitable for all ages. Contact: qigongsigrid@gmail.com or 07492 209190
Martial Arts Free Trial Lesson
5.45pm - Ark Alexandra Academy (Staff entrance), Park Ave
Families are welcome. Booking required: martialartshastings.com
Beginners Pole
6.00pm - The Humble Hub, 4-5 Shepherd St
£15 drop in
Cherry, thehumblehub.co.uk
Yoga with Marjolyn
6.00pm - St Leonards Studio, Royal Victoria
07929 577985
Adult Tap Class for Beginners
6.15pm - 7 Mercatoria

ADVERTISE WITH US

Listings are FREE! Or you could take a display ad in the paper that is cheaper than you'd think.



Scan here to download our press pack for more information and prices or contact us directly at advertising@yourhip.co.uk



The Boxing Sisters at a Training Session

Boxing Sisters

Yazidi women are boxing their way back to health.

Local radio producer Jodie Taylor has produced a documentary that has just come out on BBC World Service. Jodie is a Hastings local (born and bred!), and the organiser of the boxing programme also lives in Hastings. Taban Shores is a Kurdish Iraqi genocide survivor who now runs a charity called The Lotus Flower for displaced women and girls, for which her shop in Hastings helps to raise money.

The documentary is about a group of Yazidi women and girls in northern Iraq coping with the memory of the atrocities they have suffered at the hands of ISIS. It focuses on personal testimonies from the

women about their experiences, and also on the reactions of their very conservative community.

Jodie sums up the content of the documentary briefly as follows:

In northern Iraq, Yazidi women and girls who have been the victims of brutal sexual enslavement and have lost swathes of their family and community to genocide at the hands of ISIS are finding an unusual way to heal: boxing.

Since 2014, when ISIS began targeting Yazidis because of their religious identity, those who survived the genocide have been confined to ‘internally displaced’ persons camps in the Kurdish region of Iraq. Here conditions are difficult and the women and girls still struggle to

process all that has happened to them. So, in 2018, in the face of limited mental health support, Taban Shores and her team took a radical approach by offering boxing training to help the women and girls channel their emotions and anger.

The documentary asks this question: for women who have lived through unspeakable trauma and loss, can the sport of boxing offer physical and mental restoration? And in a deeply traditional and conservative community, how are they navigating the stigma attached to the idea of women boxing?

Narrated by Taban, and told through the personal stories of some of its participants, this documentary takes us inside the world of the Boxing Sisters.

Radio documentary: bbc.co.uk/programmes/w3ct7mvz

Good Times are A-coming

CHRIS CONNELLEY

As the weather warms up and we move into spring, organisers are gearing up for *The Good Future* event at East Sussex College, a two-day community conference and workshop which brings business, local organisations and the voluntary sector together to talk about a green agenda for the town.

The event will run on Thursday 3 and Saturday 5 April, with the first day focused on students at the college and the second, weekend day, an open public session to which everyone is invited.

Organiser James Thomas said, “The aim is to get everyone talking about the issues that matter in our town, taking in a broad spectrum from green energy, housing and the public realm.”

The Saturday session, which

runs from 10.30am until 3.30pm, will involve some keynote presentations from a range of organisations, including bus company Stagecoach, social housing provider Southern Housing, utility company Southern Water and green energy advisor, Energise Sussex Coast, with follow-up roundtable discussions that will actively involve attendees.

James continued, “Some conferences are simply talking shops, but *Good Future 2025* is designed to be different. We are an action space, and are mainly motivated by the thought of turning great ideas into brilliant practice. This is a new project for Hastings and one where we guarantee all those coming along a very warm welcome.”

flossea

65 Bohemia Road, TN37 6RG

MOTHERS DAY FLOWER ARRANGING WORKSHOP

SATURDAY 29TH MARCH @ 3PM

CELEBRATE MOTHERS DAY WITH YOUR LOVED ONES VIA THE ART OF FLOWER ARRANGING - learn how to create a beautiful floral centrepiece in our peaceful floristry workshop

SCAN TO BOOK YOUR TICKETS!

VISIT US AT OUR NEW SHOP ON BOHEMIA ROAD FOR GIFT BOUQUETS, WEDDING FLOWERS, SYMPATHY FLOWERS & WORKSHOPS





@flossea_flowers

**Hastings
Independent**

BUY US A CUPPA

**Support Free,
Independent,
Community-based
Journalism**

**For the price of a
coffee each month
you can help us to
keep going**



HASTINGSINDEPENDENTPRESS.CO.UK/BECOME-A-FRIEND